

Manual Handling

Course ref: 104

This course aims to provide employees working within the Highway Electrical Sector with an understanding and awareness of Manual Handling and their individual and collective responsibilities under the organisation and legislative policies

Specific Learning Outcomes:

- Identify associated hazards before and during the handling of materials.
- Identify the associated risks.
- Identify and use required PPE correctly.
- Carry out assessment of items to be handled and associated risks.
- Carry out correct lifting techniques.
- Identify alternative handling methods.

Duration: 4 Hours

Learners: Maximum of 12

**Motus are a registered organisation under the Highway Electrical
Registration Scheme**

**We are also a HESA Approved Training Organisation (AT032) with Lantra
Awards Certification provided to successful course candidates.**



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